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| Discreet Learning Units – Post 16  |
| Year  | Year 1 | Year 2 | Year 3 |
| Term  | Autumn | Spring | Summer | Autumn | Spring | Summer | Autumn | Spring | Summer |
| Topic / Theme  | Understanding Self Work Aspiration Personal Wellbeing | Home Skills Planning a Meal | Community Project  | Exploring Leisure VenuesPrepare and Apply, for a Job / as a VolunteerPersonal Wellbeing  | Planning a Trip / Activity  | Home SkillsAppropriate ClothingBuying and Outfit for a job InterviewPersonal Care  | Prepare for Life After Post 16 | Planning a Holiday -Residential ROA Presentation | Personal Care Planning Leisure Events  |
|  | Being Smart in the Community - TravelRisk Management -Travel | Personal Care and Grooming | Buying an Outfit for a Special Event e.g. Prom | Being Smart in the Community Communicating with OthersRisk Management Social Interactions  | Personal Care and Grooming Personal Finance & Budgeting  | Class Project Complete Vocational / Employment Pack | Being Smart in the Community Getting InvolvedRisk Management Independent Living  | Buying Gifts  | Complete Vocational / Employment Pack |
| Cross curricular |
| English Reading | To explore possible employment options | To explore recipes Reading labels  | To explore possible projects | To read information related to Leisure activitiesTo read applications, CV, job descriptions To read information related to wellbeingReading sign and symbols in the community | To read brochuresTo read labelsTo examine a budget  | To read instructionsTo read label on clothesTo explore specific details of productsTo explore possible projectsTo review CV and personal statement | To explore options after BelvueTo explore employability and leisure optionsTo explore independent livingTo explore risks of independent | To explore different holidays To review CV / Vocational Pack.To explore possible gift ideas | To explore leisure events To explore aspects of personal careTo review vocational / employment packTo write a report about a leisure activity  |
| Writing  | To list things that you need help withList personal qualities | To write out recipes To create appropriate lists  | To create appropriate listsTo write about the project details | To list leisure activitiesTo write a CVTo write a wellbeing advice documentTo list positive and negative behaviour in the community | To write a plan To write a comparison of items | Write a shopping listWrite instructions/stepsWrite a personal care planTo write about the project detailsTo update CV/Vocational pack | To write a list of ideas for life after post 16 To list examples of community activities and how you can get involved.To write positive and negative behaviours of independent living | To write a list.To write a brochure for a holiday To write presentation notes | To update vocational / employment pack To write a plan for a leisure eventTo list and read personal care product information  |
| S & L | To know who to speak to if you need helpTo discuss different learning needs | To discuss recipes To discuss personal hygiene  | To give a presentation / talkTo talk to unfamiliar people  | Discussing general behaviour To speak to unfamiliar peopleDiscuss how to stay safe in the community To practice interview techniques  | To discuss personal budgetTo discuss activities To discuss personal care | To discuss appropriate clothing for different occasionsTo practice interview techniques  | To discuss options available after BelvueTo discuss ways of getting more involved in  | To give a presentation To discuss possible holidays To share ideas about holidays/gifts  | To discuss different leisure events.To give a talk / presentation  |
| Maths Time  | To explore time spent doing activities / travelling | To create a cooking plan and the allocated times  | To calculate te time needed to complete a specified project  | To explore hours people work / spend on leisure activities  | To calculate the time an activity or trip would take. To examine time taken for personal care  | To calculate possible time for a chosen class project | To explore the time things occur after P16 | To estimate the time taken to plan and book a holiday, to explore and buy a gift, etc.To examine time to cancel a trip ot to return items, etc. | To calculate and compare personal care routines now take.To compare time to plan a complete leisure event To estimate and calculate time  |
| Money  | To calculate the cost of activities, salaries, budgeting To calculate the cost of travel | To calculate the cost of different items on a menu | To calculate the cost of an outfit for a special occasion/s | To understand the different fees for leisure venues.To spend money in everyday situations To calculate a personal budgetTo explore finance and budgeting  | To examine the cost of different trips / activities To calculate the cost of personal care products  | To calculate the cost of an outfit for an interview / work To calculate the cost of personal care products  | To explore possible monetary support after P16 | To estimate / calculate the cost of a holiday To calculate the cost of different gift ideas | To calculate the cost of different leisure events To calculate and compare shopping lists from different shops  |
| Measure  | To order, sort, classify, match, etc. | To order, measure, etc. | To understand different sizes related to the body (underwear, shoe and clothes sizes) | Collect data on leisure venues and jobs.Collect data on personal wellbeing  | To sort, classify, match, collect data on different products / trips / activities | To sort, order and classify items into the correct groupings To complete final sort of ROA and packs for leaving  | To sort, classify ways to get involved in the community  | To sort items by cost,, to classify items by type, to collect data on possible gift items, etc.  | To complete a final sort through ROA folders and packs for leaving  |
| ICT | To explore a range of topics on the internet e.g. wellbeing To know how to use a mobile phone safely when travelling Clips of risks | To explore menus, recipes personal care products Comparing shops / websites | To explore possible projects Exploring possible outfits for special occasions  | To explore leisure venuesTo examine how to apply for jobs online To explore wellbeing sites Clips related to the themes   | To explore local trips / activities and further afield. To explore personal care products To examining budgeting examples online  | To explore clothes needed for different activities and seasons. To explore how to use different appliances in the home To explore possible projects To explore outfits for an interview and different jobs  | To explore colleges and internships To explore things that young people can become involved with in their area  | To explore different holiday options To explore common gifts for different occasions and people To explore templates for presentations  | To revisit and explore personal care – clips onlineTo revisit planning an event as a groupTo explore possible templates to update their vocational or employment packs  |
| PSHE | To explore and develop understanding of mental wellbeing To explain aspects of a healthy lifestyle To examine and discuss the importance of friendship.To demonstrate positive social interactions To explore likes and dislikes To list what you need help with  | To examine healthy menu options or for different food requirements To explore personal hygiene products and their uses. To show how to use products correctly To examine SRE | To explore how clothes can make people feel  | To practice using role-play and real life situations a range of social interactions in the community To examine risks and being smart in the community To explore wellbeing in regards to leisure and work  | To revisit care products and expand on previous knowledge To explore the basics individuals’ need on a weekly / monthly basis  | To understand the need to wear different clothes for different things and seasons To create a vocational / an employment pack that reflects you To understand why projects are usually important  | To be aware of and prepare for the options after P16To be aware of different things that you can do to be part of the community and have things to do with your time. To explore independent living and what is involved  | To be aware that holidays are an important part of wellbeing To explore and understand that people want different things from a holiday To understand the concept of gift giving and not just receiving  | To demonstrate clearly personal care routines and personal care related to SRE.To discuss planning a leisure event To update and complete vocational / employment pack |
| Additional Outside Learning  | To show what activities that you do with your friends.To show appropriate behaviour on public transport To show how to keep safe To visit colleges | To go shopping for ingredients or personal care products  | To demonstrate how the community project works.To go shopping for an outfit  | To go to different leisure venues To explore and survey different work establishments in the area To demonstrate how to interact and communicate appropriately in the community To identify risks on the community  | To visit the planned trip / activity To visit a number of different shops To take part in a residential  | To observe people in the community and highlight and discuss different outfits being worn To examine the class project | To visit colleges, internship fairs, etc.To become involved in the community  | To go shopping for a gift  | To take part in a residentialTo undertake the leisure activity  |
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