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| Discreet Learning Units – Post 16 | | | | | | | | | |
| Year | Year 1 | | | Year 2 | | | Year 3 | | |
| Term | Autumn | Spring | Summer | Autumn | Spring | Summer | Autumn | Spring | Summer |
| Topic / Theme | Understanding Self  Work  Aspiration  Personal Wellbeing | Home Skills  Planning a Meal | Community Project | Exploring Leisure Venues  Prepare and Apply, for a Job / as a Volunteer  Personal Wellbeing | Planning a Trip / Activity | Home Skills  Appropriate Clothing  Buying and Outfit for a job Interview  Personal Care | Prepare for Life After Post 16 | Planning a Holiday -  Residential  ROA Presentation | Personal Care  Planning Leisure Events |
|  | Being Smart in the Community - Travel  Risk Management -  Travel | Personal Care and Grooming | Buying an Outfit for a Special Event e.g. Prom | Being Smart in the Community  Communicating with Others  Risk Management  Social Interactions | Personal Care and Grooming  Personal Finance & Budgeting | Class Project  Complete Vocational / Employment Pack | Being Smart in the Community  Getting Involved  Risk Management Independent Living | Buying Gifts | Complete Vocational / Employment Pack |
| Cross curricular | | | | | | | | | |
| English  Reading | To explore possible employment options | To explore recipes  Reading labels | To explore possible projects | To read information related to Leisure activities  To read applications, CV, job descriptions  To read information related to wellbeing  Reading sign and symbols in the community | To read brochures  To read labels  To examine a budget | To read instructions  To read label on clothes  To explore specific details of products  To explore possible projects  To review CV and personal statement | To explore options after Belvue  To explore employability and leisure options  To explore independent living  To explore risks of independent | To explore different holidays  To review CV / Vocational Pack.  To explore possible gift ideas | To explore leisure events  To explore aspects of personal care  To review vocational / employment pack  To write a report about a leisure activity |
| Writing | To list things that you need help with  List personal qualities | To write out recipes  To create appropriate lists | To create appropriate lists  To write about the project details | To list leisure activities  To write a CV  To write a wellbeing advice document  To list positive and negative behaviour in the community | To write a plan  To write a comparison of items | Write a shopping list  Write instructions/steps  Write a personal care plan  To write about the project details  To update CV/Vocational pack | To write a list of ideas for life after post 16  To list examples of community activities and how you can get involved.  To write positive and negative behaviours of independent living | To write a list.  To write a brochure for a holiday  To write presentation notes | To update vocational / employment pack  To write a plan for a leisure event  To list and read personal care product information |
| S & L | To know who to speak to if you need help  To discuss different learning needs | To discuss recipes  To discuss personal hygiene | To give a presentation / talk  To talk to unfamiliar people | Discussing general behaviour  To speak to unfamiliar people  Discuss how to stay safe in the community  To practice interview techniques | To discuss personal budget  To discuss activities  To discuss personal care | To discuss appropriate clothing for different occasions  To practice interview techniques | To discuss options available after Belvue  To discuss ways of getting more involved in | To give a presentation  To discuss possible holidays  To share ideas about holidays/gifts | To discuss different leisure events.  To give a talk / presentation |
| Maths  Time | To explore time spent doing activities / travelling | To create a cooking plan and the allocated times | To calculate te time needed to complete a specified project | To explore hours people work / spend on leisure activities | To calculate the time an activity or trip would take.  To examine time taken for personal care | To calculate possible time for a chosen class project | To explore the time things occur after P16 | To estimate the time taken to plan and book a holiday, to explore and buy a gift, etc.  To examine time to cancel a trip ot to return items, etc. | To calculate and compare personal care routines now take.  To compare time to plan a complete leisure event  To estimate and calculate time |
| Money | To calculate the cost of activities, salaries, budgeting  To calculate the cost of travel | To calculate the cost of different items on a menu | To calculate the cost of an outfit for a special occasion/s | To understand the different fees for leisure venues.  To spend money in everyday situations  To calculate a personal budget  To explore finance and budgeting | To examine the cost of different trips / activities  To calculate the cost of personal care products | To calculate the cost of an outfit for an interview / work  To calculate the cost of personal care products | To explore possible monetary support after P16 | To estimate / calculate the cost of a holiday  To calculate the cost of different gift ideas | To calculate the cost of different leisure events  To calculate and compare shopping lists from different shops |
| Measure | To order, sort, classify, match, etc. | To order, measure, etc. | To understand different sizes related to the body (underwear, shoe and clothes sizes) | Collect data on leisure venues and jobs.  Collect data on personal wellbeing | To sort, classify, match, collect data on different products / trips / activities | To sort, order and classify items into the correct groupings  To complete final sort of ROA and packs for leaving | To sort, classify ways to get involved in the community | To sort items by cost,, to classify items by type, to collect data on possible gift items, etc. | To complete a final sort through ROA folders and packs for leaving |
| ICT | To explore a range of topics on the internet e.g. wellbeing  To know how to use a mobile phone safely when travelling  Clips of risks | To explore menus, recipes  personal care products  Comparing shops / websites | To explore possible projects  Exploring possible outfits for special occasions | To explore leisure venues  To examine how to apply for jobs online  To explore wellbeing sites  Clips related to the themes | To explore local trips / activities and further afield.  To explore personal care products  To examining budgeting examples online | To explore clothes needed for different activities and seasons.  To explore how to use different appliances in the home  To explore possible projects  To explore outfits for an interview and different jobs | To explore colleges and internships  To explore things that young people can become involved with in their area | To explore different holiday options  To explore common gifts for different occasions and people  To explore templates for presentations | To revisit and explore personal care – clips online  To revisit planning an event as a group  To explore possible templates to update their vocational or employment packs |
| PSHE | To explore and develop understanding of mental wellbeing  To explain aspects of a healthy lifestyle  To examine and discuss the importance of friendship.  To demonstrate positive social interactions  To explore likes and dislikes  To list what you need help with | To examine healthy menu options or for different food requirements  To explore personal hygiene products and their uses.  To show how to use products correctly  To examine SRE | To explore how clothes can make people feel | To practice using role-play and real life situations a range of social interactions in the community  To examine risks and being smart in the community  To explore wellbeing in regards to leisure and work | To revisit care products and expand on previous knowledge  To explore the basics individuals’ need on a weekly / monthly basis | To understand the need to wear different clothes for different things and seasons  To create a vocational / an employment pack that reflects you  To understand why projects are usually important | To be aware of and prepare for the options after P16  To be aware of different things that you can do to be part of the community and have things to do with your time.  To explore independent living and what is involved | To be aware that holidays are an important part of wellbeing  To explore and understand that people want different things from a holiday  To understand the concept of gift giving and not just receiving | To demonstrate clearly personal care routines and personal care related to SRE.  To discuss planning a leisure event  To update and complete vocational / employment pack |
| Additional Outside Learning | To show what activities that you do with your friends.  To show appropriate behaviour on public transport  To show how to keep safe  To visit colleges | To go shopping for ingredients or personal care products | To demonstrate how the community project works.  To go shopping for an outfit | To go to different leisure venues  To explore and survey different work establishments in the area  To demonstrate how to interact and communicate appropriately in the community  To identify risks on the community | To visit the planned trip / activity  To visit a number of different shops  To take part in a residential | To observe people in the community and highlight and discuss different outfits being worn  To examine the class project | To visit colleges, internship fairs, etc.  To become involved in the community | To go shopping for a gift | To take part in a residential  To undertake the leisure activity |
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